



is Proud to Support the

# Humana Challenge

**Promoting Health & Well-Being  
in the Coachella Valley**  
*(and oh yes, some world-class golf!)*

## Certified Farmers Market

Old Town La Quinta • Sunday, January 8th • 8am – 12:30pm

## Humana Challenge Wellness Walk & Healthy Fun Fair

La Quinta • Saturday, January 14th • 8am – 10am

## Humana Challenge

PGA WEST & La Quinta Country Club • January 19 – 22

**Stop by Bob Hope Square at PGA WEST to visit  
Desert Health® and our showcase of local health care  
practitioners, activities and giveaways!**

Purchase discounted early bird tickets to the Humana Challenge by  
Dec. 31 through Desert Health® and we will **donate \$1** for each ticket  
sold towards promoting 'Trips for Kids–Coachella Valley' introducing  
kids to mountain biking and the great outdoors!

Email [Lauren@DesertHealthNews.com](mailto:Lauren@DesertHealthNews.com) for more information.

